

Resources for Indigenous Fathers, Families, and Community Programs

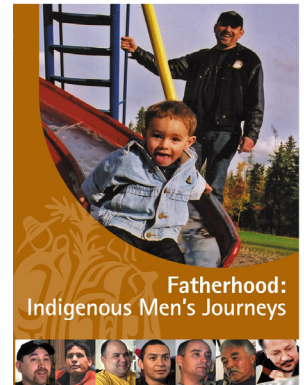
Documentary DVD

Fatherhood: Indigenous Men's Journeys

(40 min. with 16 pg. screening guide)

On this DVD, six First Nations fathers of young children in British Columbia, Canada, talk about what fatherhood means to them. The fathers range in age from 27 to 60. Their backgrounds and their home life situations are diverse. Four live in communities on reserves; two live off reserves. Filming took place in the fathers' own homes and immediate surroundings. They describe what it has been like to become fathers, to grow into fatherhood, and to learn how to care for their children. Most have overcome huge social obstacles and personal challenges. They talk frankly about the necessity of healing oneself in order to become positively involved as a father.

The documentary was produced through a collaboration among The Indigenous Fathers Project at the University of Victoria, a SSHRC funded study of fatherhood in Canada, award-winning Asterisk Productions, and Ball & Moselle Consulting Inc.

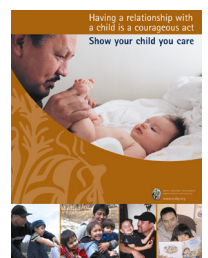
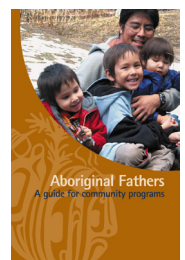
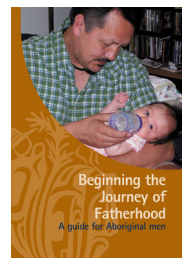
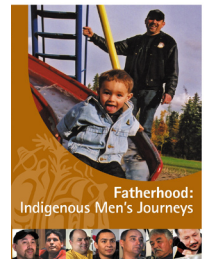


Resource Kit for Indigenous Fathers and Community Programs

The Resource Kit consists of a folder of newly created resources for fathers, families, and programs, drawing upon findings of the first study in Canada of Indigenous fathers' involvement.

Contents:

- **DVD: *Fatherhood: Indigenous Men's Journeys*** (40 min. with 16 pg. screening guide) (description above)
- **Guide booklet** (60 pp. full colour)
Aboriginal Fathers: A Guide for Community Programs
This easy-to-read, practical booklet provides an understanding of the challenges facing many Indigenous fathers and how programs can effectively reach out to welcome and involve them. Stories of Indigenous fathers convey how they overcame challenges in order to become involved – and stay involved – with their children. The booklet includes tips for programs from Indigenous fathers themselves, emphasizing more father-friendly environments and more active efforts to relate to fathers on their own terms.
- **Guide booklet** (60 pp. full colour)
Beginning the Journey of Fatherhood: A Guide for Aboriginal Men
This plain language booklet provides a glimpse into the worlds of some Indigenous fathers as they are facing social and personal challenges to becoming involved with their children, and how they are learning to be fathers. The booklet includes stories of Indigenous fathers who have succeeded in being involved fathers and who describe learning more everyday about how to be a dad. Fathers offer practical advice to men who are becoming fathers. They encourage future generations of fathers who are encouraged to reclaim healthy fatherhood roles as part of the healing journey of Aboriginal peoples.
- **Poster** (17" X 23", full colour)
"Having a relationship with a child is a courageous act: Show Your Child You Care!"
- **Summary of Indigenous Fathers Research Project**
- **Information sheets**
- **Worksheet for program workshops**



To order: contact Jessica Ball at jball@uvic.ca